

Patient Newsletter

Summer Term 2018

We have now migrated to our new clinical system.

Thank you to all our patients for your consideration during this period.

Please visit our website for more information regarding the migration.

SUMMER HOLIDAY

As the summer holiday approaches, please ensure you have booked in for the following in advance as last minute requests may not be guaranteed;

Medication Reviews: Book in for your medication reviews at least 1 week before you run out. If your medication is on repeat, you may not need to see a Doctor and instead can request your medication via email (med.centre@lboro.ac.uk), using our online system (visit our website) or hand in a written request. We require 2 working days for any requests but please note that during busy periods, these may take longer to action.

Contraception: The nurses can see you for any repeat contraception pill/depo reviews. Please do not leave until the last week of term to book in for these as demand will be high during this period. Instead book in at least a week before you are due. The nurses should be able to provide enough medication to cover you for the summer holidays.

Travel - Travel appointments are getting filled very quickly. If you are travelling over the summer holidays and require vaccinations, please contact us to book an appointment as soon as possible.

Medical Reports— The Medical Centre has a continuously high demand for medical reports throughout the year however, the volume of requests significantly increases during the summer term and can take longer to complete. Please ensure you hand in your report in advance to try and ensure we can complete this for you within the time you require it.

OUR FACEBOOK PAGE

Make sure you follow our Facebook page to ensure you receive all our latest updates, awareness weeks and other relevant health information.

PLANNING TO TRAVEL THIS YEAR?

We can only administer travel vaccinations to fully registered patients at the Medical Centre.

Please ensure you book 8 weeks before you plan to travel as we will need to ensure we have your full vaccination history on our records.

Without this, we may not be able to see you. We cannot guarantee availability for last minute travel appointments.

STAFF UPDATE

This term, we are excited to welcome our new Mental Health Nurse, Helen and Hannah, our new receptionist, to the Medical Centre Team.

SUFFERING FROM STRESS, ANXIETY OR DEPRESSION?

Exam time can become overwhelming and stressful.

If you think you may be suffering from any mental health problem, please don't be scared to ask for help. Follow the link below for support and book an appointment with your GP today.

<https://www.nhs.uk/Conditions/stress-anxiety-depression/Pages/mental-health-helplines.aspx>

MITIGATING CIRCUMSTANCES CLAIM

For more information about the areas in which you can claim visit our website and search for:

'Mitigating Circumstances'

If you do need any supporting evidence for your claim, this can only be given if you have been seen and treated for this problem at the Medical Centre or we have the received the relevant documents from the organisation you were treated by.

MEDICALS

If you require a medical report completing please note that depending on the report, these can take between 2 - 40 days to action and may take longer due to high demand during the summer term.

This is a private service and charges may vary depending on the report required. For more information, call us on Tuesdays on 01509 222067 and speak to Marian.